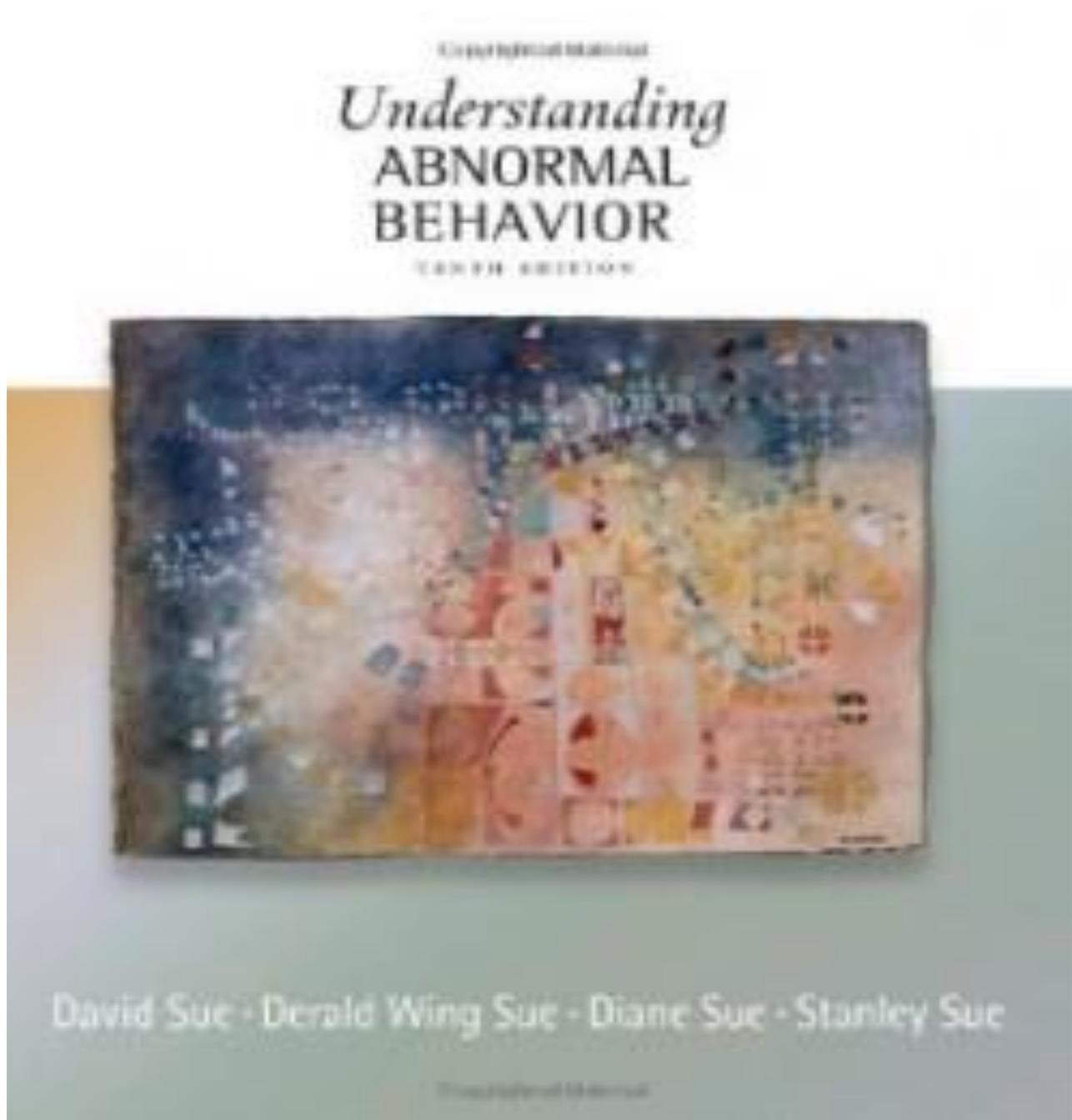


# TEST BANK



**TEST BANK FOR UNDERSTANDING ABNORMAL BEHAVIOR BY SUE, DAVID, SUE, DERALD WING, SUE, STANLEY, SUE, DIANE M. 10TH EDITION**

## Chapter 1: Abnormal Behavior

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### MULTIPLE CHOICE

1. Which statement about abnormal psychology is *accurate*?
- Abnormal psychology seeks to describe, explain, predict, and modify unusual behaviors.
  - Although abnormal psychology has made several gains in the past 20 years, it is not yet a scientific field of study.
  - The subject matter of abnormal psychology is restricted to extremely bizarre behavior.
  - Most diagnoses of abnormality are based on two or three basic behavioral factors.

ANS: A                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Factual

2. Psychopathology, or abnormal behavior, results primarily from \_\_\_\_.
- genetic factors
  - environmental factors
  - sociocultural factors
  - an interaction of many factors

ANS: D                      REF: Introduction    OBJ: 1                      MSC: Factual

3. Dr. Thompson collects information in order to describe and draw inferences about an individual's psychological disorder. Dr. Thompson is engaged in \_\_\_\_.
- therapy
  - predicting dangerousness
  - psychodiagnosis
  - research

ANS: C                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

4. Dr. Kohn is a psychoanalyst, Dr. Edwards is a humanistic therapist, Dr. Peterson is a cognitive behavioral therapist, and Dr. James is a Gestalt therapist. Each of them would likely have a different \_\_\_\_ for a client's abnormality.
- time of onset
  - explanation
  - diagnosis
  - prognosis

ANS: B                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

5. A psychologist says, "Juan's abnormal behavior is likely due to a combination of biology and inadequate interpersonal skills." The psychologist is \_\_\_\_.
- predicting the future symptoms of Juan
  - giving Juan a psychodiagnosis
  - offering an explanation for Juan's problem
  - describing how to control Juan's symptoms

ANS: C                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

6. Which statement regarding the prediction of abnormal behavior is *accurate*?
- Even experienced professionals tend to overpredict future violence.
  - Psychologists are not interested in predicting clients' future behavior.
  - Prediction is unrelated to understanding the cause of abnormality.
  - Psychologists tend to underpredict future violence.

ANS: A                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Conceptual

7. One of Seung-Hui Cho's professors reported Cho's frightening behavior to many campus authorities. What reason did those authorities give her to explain why they could do nothing?
- Cho's therapist did not feel he posed a danger to others.
  - There was no space in any of the local mental health facilities to house him.
  - Cho did not make any overt threats against anyone.
  - When compared with that of his peer group, Cho's behavior was not considered odd.

ANS: C                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

8. When psychologists talk about modifying abnormal behavior, they mean they are \_\_\_\_.
- attempting to understand the underlying cause of that behavior
  - restricting the freedom of dangerous clients
  - attempting to anticipate the future behaviors of clients
  - using therapy to improve client behavior

ANS: D                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Factual

9. Which of the following defines *therapy* most accurately?
- A program of systematic intervention designed to alter behavior, emotion, or thought
  - The scientific study of abnormal behavior.
  - A system of observing abnormal behavior in an attempt to classify it
  - The application of a theoretical model to explain the cause of abnormal behavior

ANS: A                      REF: 1                      OBJ: The Concerns of Abnormal Psychology  
MSC: Factual

10. A psychologist develops several activities for clients aimed at helping them become more self-disciplined and feel more confident about trying new behaviors. This example illustrates \_\_\_\_.
- how epidemiological work is done in the field
  - how therapy may be seen as an attempt to modify behavior
  - the function of providing an explanation for abnormal behavior
  - the essential need for accurate psychodiagnosis

ANS: B                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

11. Clinical psychologists usually have \_\_\_\_ degrees, unlike psychiatrists, who have \_\_\_\_ degrees.
- bachelor's (B.S.); medical (M.D.)
  - medical (M.D.); doctorate (Ph.D.)
  - doctorate (Ph.D. or Psy.D.); medical (M.D.)
  - master's (M.S.); doctorate (Ph.D.)

ANS: C                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Factual

12. Harold is a mental health professional who has a medical degree and prescribes antidepressants and antipsychotic medication for his patients. After graduating from medical school, he completed a three-year residency in his field. We can guess that Harold is a \_\_\_\_.
- social worker
  - psychiatrist
  - clinical psychologist
  - psychoanalyst

ANS: B                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

13. Linda, Jayne, and Sheryl all are called “doctors.” All are mental health professionals. However, Linda has a Psy.D., Jayne has an M.D., and Sheryl has a D.S.W. We can predict that \_\_\_\_.
- Sheryl is a psychiatrist
  - Linda is a social worker
  - Linda is a clinical psychologist
  - Jayne is a clinical psychologist

ANS: C                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

14. Psychiatrists must have an M.D.; clinical psychologists must have a Ph.D. or Psy.D. Psychoanalysts must have \_\_\_\_.
- a master's (M.S.) degree
  - an M.D.
  - only a bachelor's (B.S.) degree
  - their own intensive personal analysis from an experienced analyst

ANS: D                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Factual

15. Johanna is an M.D. who received intensive training in the ideas of Sigmund Freud. She also went through her own psychoanalysis as part of this training. We can guess that Johanna is a \_\_\_\_.
- psychoanalyst
  - marriage and family counselor
  - psychiatric social worker
  - behaviorally oriented counseling psychologist

ANS: A                      REF: The Concerns of Abnormal Psychology  
OBJ: 1                      MSC: Applied

16. Isabel tells Dr. Paz that the spirits she sees of her dead grandparents are causing her a great deal of anxiety, although they have motivated her to seek her medical degree. Isabel lives in Brazil. If Dr. Paz diagnoses her as having a psychological disorder, he will likely attribute it to which criterion?
- deviance
  - distress
  - dangerousness
  - dysfunction

ANS: B                      REF: Determining Abnormality                      OBJ: 2  
MSC: Applied

17. One strength in using the deviance criterion is that it \_\_\_\_.
- uses an objective method of defining abnormal behavior
  - stresses the attainment of realistic goals
  - examines how the individual views his or her own behavior
  - accounts for the complexity of behavior observed in people from different cultures

ANS: A                      REF: Determining Abnormality                      OBJ: 2  
MSC: Conceptual

18. A psychologist defined **mental retardation** solely on the basis of how far from “normal” an individual's IQ score is. The criterion used is \_\_\_\_.
- abnormality
  - cultural relativism
  - cultural universality
  - deviance**

ANS: D                      REF: Determining Abnormality                      OBJ: 2  
MSC: Conceptual

19. Anita went to the mall. Suddenly she looked around and had no idea where she was, whether it was day or night, or even what day it was. Anita was experiencing \_\_\_\_.
- a hallucination
  - a delusion
  - disorientation
  - psychosis

ANS: C                      REF: Determining Abnormality                      OBJ: 2  
MSC: Applied

20. Suree is studying to be a clinical psychologist from an accredited program. She will learn that, with respect to bias in diagnosing clients, \_\_\_\_.
- even the most enlightened and well-intended mental health professionals may engage in race, gender, and social class bias
  - psychologists are less likely than other mental health professionals to overpathologize clients on the basis of race, gender, or social class
  - clinical psychologists receive better training than other mental health professionals for recognizing their tendency to hold prejudicial attitudes toward clients
  - mental health professionals are more likely to hold prejudicial attitudes and biases against males than against females

ANS: A                      REF: Abnormal Behavior in Context: Sociopolitical and Cultural Limitations  
OBJ: 3                      MSC: Applied

21. "You must understand the values and expectations of the society in which behavior occurs before you decide that abnormality exists." This quote *best* reflects which view of abnormality?
- traditional
  - cultural relativism
  - epidemiological
  - cultural universality

ANS: B                      REF: Abnormal Behavior in Context: Sociopolitical and Cultural Limitations  
OBJ: 3                      MSC: Conceptual

22. The concept of \_\_\_\_ assumes that certain mental disorders exist across cultures; \_\_\_\_ suggests that mental disorders may manifest differently and certain disorders may only be found in some cultures.
- cultural universality; cultural relativism
  - cultural relativism; cultural universality
  - cultural relativism; cultural constellation
  - cultural diversity; cultural universality

ANS: A                      REF: Abnormal Behavior in Context: Sociopolitical and Cultural Limitations  
OBJ: 3                      MSC: Conceptual

23. The most fruitful approach to using multicultural criteria is to rely on \_\_\_\_.
- neither cultural universality nor cultural relativism
  - the cultural relativism approach
  - the cultural universality approach
  - some combination of cultural relativism and cultural universality

ANS: D                      REF: Abnormal Behavior in Context: Sociopolitical and Cultural Limitations  
OBJ: 3                      MSC: Factual

24. Early psychological research, such as that by Emil Kraepelin, supported which assumption about abnormality?
- cultural relativism
  - cultural universality
  - statistical norms
  - psychopathological

ANS: B                      REF: Abnormal Behavior in Context: Sociopolitical and Cultural Limitations  
OBJ: 3                      MSC: Factual

25. Juanita visits a mental health center. She complains that her fatigue, anxiety, and inability to sleep keep her from enjoying life. If her symptoms are considered a form of abnormal behavior, it is because she is showing \_\_\_\_.
- delusions and hallucinations
  - dysfunction
  - disorientation
  - deviation from the norm

ANS: B                      REF: Determining Abnormality                      OBJ: 2  
MSC: Applied

26. Headache is to \_\_\_\_ as delusions are to \_\_\_\_.
- a. dysfunction; deviance
  - b. discomfort; deviance
  - c. deviance; dysfunction
  - d. discomfort; dysfunction

ANS: B                      REF: Determining Abnormality                      OBJ: 2  
MSC: Factual

27. Sensory misperceptions, which may include hearing voices others do not hear or seeing things other do not see, are called \_\_\_\_.
- a. dysfunctions
  - b. disorientations
  - c. delusions
  - d. hallucinations

ANS: D                      REF: Determining Abnormality                      OBJ: 2  
MSC: Factual

28. Mel has the mistaken belief that his father has stolen his identity and that his mother is trying to poison him. Mel's mistaken beliefs illustrate \_\_\_\_.
- a. delusions
  - b. disorientation
  - c. underachievement
  - d. hallucinations

ANS: A                      REF: Determining Abnormality                      OBJ: 2  
MSC: Applied

29. Jack carries on conversations with creatures only he can see in a language that no one else can understand. Jack says the creatures instruct him to crush insects that only Jack can see. Jack is experiencing \_\_\_\_.
- a. delusions
  - b. discomfort
  - c. hallucinations
  - d. disorientation

ANS: C                      REF: Determining Abnormality                      OBJ: 2  
MSC: Applied

30. During a diagnostic interview, a psychiatrist asks the client if he or she knows what day it is, what his or her name is, and where he or she is. These questions are designed to assess \_\_\_\_.
- a. disorientation
  - b. discomfort
  - c. subjective distress
  - d. dysfunction

ANS: A                      REF: Determining Abnormality                      OBJ: 2  
MSC: Applied