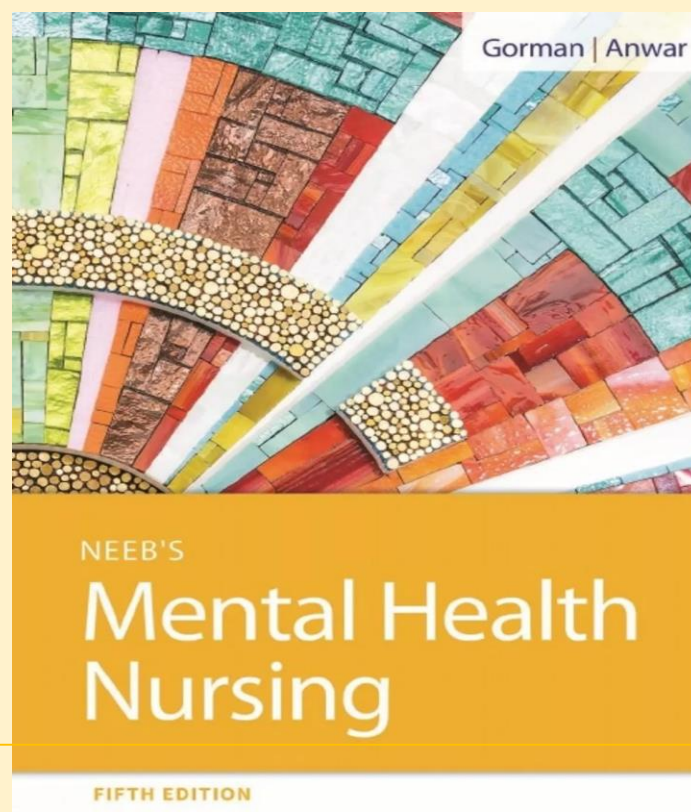


TEST BANK

Neeb's Mental Health Nursing
5th Edition by Linda M.
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TEST BANK

All answers are
after each chapter
questions

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Chapter 01: History of Mental Health Nursing

Multiple Choice

Identify the choice that best completes the statement or answers the question.

____1. The act of developing a clean environment is a factor in providing effective health care as demonstrated by:

- A. Nightingale.
- B. Benner.
- C. Swanson.
- D. King.

____2. What is the name of the publication written by Florence Nightingale?

- A. Nursing Sanitation Notes
- B. Nursing 101
- C. Notes on Nursing
- D. Nursing Notes

____3. A long-term goal for in-patient mental health treatment is generally to:

- A. Return the patient to the community.
- B. Locate a facility for long term care.
- C. Be arrested and placed in prison.
- D. Be completely cured of the disorder.

____4. The mentally ill were once housed in mental institutions known as:

- A. Hospitals.
- B. Long-term care facilities.
- C. Asylums.

D. Free-standing treatment centers.

____5. Which nursing theorists promoted the interpersonal theory between the nurse and the patient?

A. Hildegard Peplau

B. Hattie Bessent

C. Mary Mahoney

D. Linda Richards

Completion

Complete each statement.

6. Phenothiazines were discovered in what year? _____.

7. The first psychiatric program of study was established by which nursing leader? _____

8. Who was the nurse theorist who was the first American-trained nurse credited with teaching how to provide care for people with mental illness? _____

9. The greatest advance in the early years of mental health care was the introduction of _____.

10. The legislation that provided funding for improving the care of the mentally ill is known as the National Mental Health Act of what year? _____.

11. Which nursing organization established the first certification of psychiatric nursing?

12. One of the goals of the American Nurses Association (ANA) is to promote _____ of nursing care in the United States.

13. _____ has always been called the founder of nursing.

14. A schoolteacher by the name of _____ established asylums and a psychiatric hospital for the mentally ill.

15. Special facilities designed to care for the mentally ill in the past were known as _____.

16. The first psychotropic drug category was known as _____.

17. Each state adopts its own set of rules and guidelines that govern the nurses performance. These rules are known as the _____ Practice Act.

18. The first major federal law to address mental illness was called the _____ Act.

Multiple Response

Identify one or more choices that best complete the statement or answer the question.

____19. What trends contributed to the deinstitutionalization of mental health facilities to outpatient care (select all that apply):

- A. Cost of the facilities.
- B. The increased use of phenothiazines.
- C. Staff cost.
- D. Establishment of Outpatient clinics.

Chapter 1: History of Mental Health Nursing

Answer Section

MULTIPLE CHOICE

1. ANS: A

Florence Nightingales commitments to improved outcomes at a military hospital were directly related to introducing sanitation methods.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Community Health | Cognitive Level: Application | Client Need: Safe and Effective Care Environment: Safety and Infection Control

2. ANS: C

Florence Nightingale wrote the book *Notes on Nursing*, which specified the importance of a clean environment.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Nursing Trends | Cognitive Level: Knowledge | Client Need: Health Promotion and Maintenance: Health Promotion/Disease Prevention

3. ANS: A

To eventually return the patient to the community by creating a good support system and appropriate medication if needed is generally the long-term goal.

PTS: 1

KEY: Integrated Processes: Nursing Process: Planning | Content Area: Mental Health | Cognitive Level: Comprehension | Client Need: Safe and Effective Care Environment: Management of Care: Coordinated Care

4. ANS: C

Asylums were known as a refuge for the mentally ill as well as the poor in the past.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Mental Health | Cognitive Level: Comprehension | Client Need: Psychosocial Integrity: Therapeutic Environment

5. ANS: A

Dr. Peplau brought together theories from psychiatry and merged them with theories for nursing and communication.

PTS: 1

KEY: Integrated Processes: Communication and Documentation | Content Area: Nursing Trends | Cognitive Level: Knowledge | Client Need: Safe and Effective Care Environment: Coordinated Care

COMPLETION

6. ANS:

1955

Phenothiazine is a group of psychotropics that have a calming effect on patients with psychotic through processes.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Mental Health Pharmacology | Cognitive Level: Knowledge | Client Need: Physiological Integrity: Pharmacological and Parenteral Therapies: Expected Actions/Outcomes

7. ANS:

Effie Jane Taylor

In 1913 the first psychiatric program for nurses was established. Ms. Taylor also believed in patient-centered care.

PTS: 1

KEY: Integrated Processes: Teaching/Learning

8. ANS:

Linda Richards

Linda Richards wanted to upgrade the nursing education field and the Boston city hospital training school for nurses to teach the specialty of caring for the mentally ill.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Nursing Trends | Cognitive Level: Knowledge | Client Need: Psychosocial Integrity: Mental Health Concepts

9. ANS:

phenothiazines

This medication controlled psychotic symptoms and led to reductions in the population in mental health institutions.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Mental Health: Pharmacology | Cognitive Level: Knowledge | Client Need: Physiological Integrity: Pharmacological and Parenteral Therapies

10. ANS:

1946

Money was provided by this legislation for research and training for the improvement of care for patients with mental health issues.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Mental Health: Treatment | Cognitive Level: Knowledge | Client Need: Psychosocial Integrity: Mental Health Concepts

11. ANS:

ANA

The American Nurses Association (ANA) developed the certification criteria for psychiatric nurses. The ANA has developed standards for professional nursing.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Nursing Trends | Cognitive Level: Comprehension | Client Need: Safe and Effective Care Environment: Coordinated Care

12. ANS:

standardization

The ANA has developed standards for a number of different specialties.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Nursing Trends | Cognitive Level: Knowledge | Client Need: Safe and Effective Care Management: Management of care: establishing priorities

13. ANS:

Florence Nightingale

Florence Nightingale observed that a clean environment improved the health of the soldiers in the Crimean War. As a result, deaths from infection decreased.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Nursing Trends | Cognitive Level: Knowledge | Client Need: Safe and Effective Care Environment: Safety and Infection Control

14. ANS:

Dorothea Dix

Dorothea Dix was not a nurse but was concerned about the treatment of the mentally ill and prisoners.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Nursing Trends | Cognitive Level: Knowledge | Client Need: Safe and Effective Care Environment: Management of Care: Advocacy

15. ANS:

asylums

In the early days of health care asylums were special facilities designed for care of the needy including prisoners and the mentally ill.

PTS: 1

KEY: Integrated Processes: Teaching/Learning | Content Area: Mental Health | Cognitive Level: Knowledge |