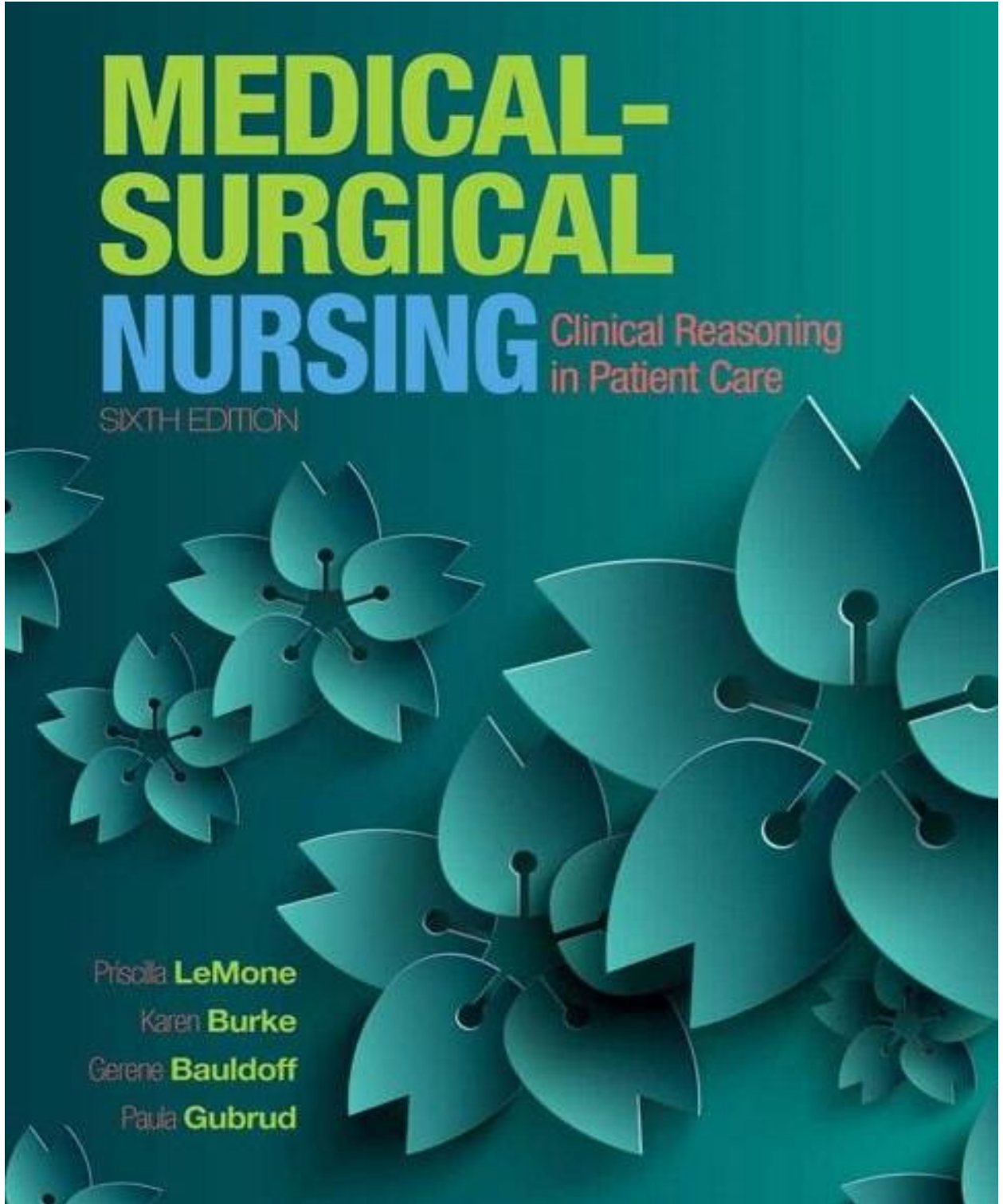


TEST BANK

MEDICAL- SURGICAL NURSING *Clinical Reasoning in Patient Care* SIXTH EDITION

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Chapter 1

Question 1

Type: MCSA

The nurse is instructing a patient on the role of diet, exercise, and medication to control type 2 diabetes mellitus. Which core competency for healthcare professionals is the nurse implementing?

1. *Quality improvement*
2. *Evidence-based practice*
3. *Patient-centered care*
4. *Teamwork and collaboration*

Correct Answer: 3

Rationale 1: Identifying safety hazards and measuring quality is an example of the core competency *quality improvement*.

Rationale 2: Using best research when providing patient care is an example of the core competency *evidence-based practice*.

Rationale 3: The nurse instructing the patient is an example of the competency *patient-centered care*.

Rationale 4: The core competency *teamwork and collaboration* involves collaboration between disciplines to provide continuous and reliable care.

Global Rationale: In 2003, the National Academy of Sciences proposed a set of five core competencies that all healthcare professionals should possess to meet the needs of the 21st century. The nurse instructing the patient is an example of the competency *patient-centered care*. Identifying safety hazards and measuring quality are examples of the core competency *quality improvement*. Using best research when providing patient care is an example of the core competency *evidence-based practice*. Collaboration between disciplines to provide continuous and reliable care is an example of the core competency *teamwork and collaboration*.

Cognitive Level: Applying

Client Need: Safe and Effective Care Environment

Client Need Sub: Management of Care

QSEN Competencies: I.A.1. Integrate understanding of multiple dimensions of patient centered care

AACN Essential Competencies: IX.7. Provide appropriate patient teaching that reflects developmental stage, age, culture, spirituality, patient preferences, and health literacy considerations to foster patient engagement in their care

NLN Competencies: Relationship Centered Care: Learn cooperatively, facilitate the learning of others

Nursing/Integrated Concepts: Nursing Process: Implementation

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Learning Outcome: 1. Describe the core competencies for healthcare professionals: patient-centered care, interprofessional teams, evidence-based practice, quality improvement, safety, and health information technology.

MNL Learning Outcome: 10.5.4. Utilize the nursing process in care of client.

Page Number: 4

Question 2

Type: MCSA

The nurse is planning to utilize the core competency *use informatics* when providing patient care. Which action should the nurse perform when using this core competency?

1. Change the sharps container in a patient's room.
2. Document the effectiveness of pain medication for a patient.
3. Discuss the effectiveness of bedside physical therapy with the therapist.
4. Search through a database of articles to find current research on wound care.

Correct Answer: 4

Rationale 1: Changing the sharps container is an example of *quality improvement*.

Rationale 2: Documenting the effectiveness of pain medication for a patient is an example of *patient-centered care*.

Rationale 3: Discussing the effectiveness of bedside physical therapy with the therapist is an example of *teamwork and collaboration*.

Rationale 4: Searching through a database of articles to find current research on wound care is an example of *use informatics*.

Global Rationale: Examples of the nurse using the core competency *use informatics* include the use of technology to communicate, manage knowledge, reduce errors, and support decision making. The activity of searching through a database of articles to find current research on wound care is an example of *use informatics*. Changing the sharps container in a patient's room is an example of *quality improvement*. Documenting the effectiveness of pain medication for a patient is an example of *patient-centered care*. Discussing the effectiveness of bedside physical therapy with the therapist is an example of *teamwork and collaboration*.

Cognitive Level: Applying

Client Need: Safe and Effective Care Environment

Client Need Sub: Management of Care

QSEN Competencies: VI.B.2. Apply technology and information management tools to support safe processes of care

AACN Essentials Competencies: IV.1. Demonstrate skills in using patient care technologies, information systems, and communication devices that support safe nursing practice

NLN Competencies: Knowledge and Science: Electronic databases; literature retrieval; evaluating data for validity and reliability; evidence and best practices for nursing

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome: 1. Describe the core competencies for healthcare professionals: patient-centered care, interprofessional teams, evidence-based practice, quality improvement, safety, and health information technology.

MNL Learning Outcome: 4.3.3. Examine the treatments used for pressure ulcers.

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Question 3

Type: MCMA

The nurse plans to implement *evidence-based practice* when providing patient care. Which activities should the nurse perform?

Standard Text: Select all that apply.

1. Participate in education and research activities when possible.
2. Integrate research findings with clinical care to maximize patient outcomes.
3. Serve on the committee to create critical pathways for patient care.
4. Reinforce hand hygiene techniques with unlicensed assistive personnel.
5. Contact Environmental Services to report a malfunctioning infusion pump.

Correct Answer: 1, 2

Rationale 1: Participating in education and research activities when possible is an example of implementing *evidence-based practice* in the provision of patient care.

Rationale 2: Integrating research findings with clinical care to maximize patient outcomes is an example of implementing *evidence-based practice* in the provision of patient care.

Rationale 3: Serving on the committee to create critical pathways for patient care is an example of *teamwork and collaboration*.

Rationale 4: Reinforcing hand hygiene techniques with unlicensed assistive personnel is an example of *quality improvement*.

Rationale 5: Contacting Environmental Services to report a malfunctioning infusion pump is an example of *quality improvement*.

Global Rationale: Participating in education and research activities when possible is an example of implementing *evidence-based practice* in the provision of patient care. Integrating research findings with clinical care to maximize patient outcomes is an example of implementing *evidence-based practice* in the provision of patient

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care. Serving on the committee to create critical pathways for patient care is an example of *teamwork and collaboration*. Reinforcing hand hygiene techniques with unlicensed assistive personnel is an example of *quality improvement*. Contacting Environmental Services to report a malfunctioning infusion pump is an example of *quality improvement*.

Cognitive Level: Applying

Client Need: Safe and Effective Care Environment

Client Need Sub: Management of Care

QSEN Competencies: III.B.6. Participate in structuring the work environment to facilitate integration of new evidence into standards of practice

AACN Essentials Competencies: III.2. Demonstrate an understanding of the basic elements of the research process and models for applying evidence to clinical practice

NLN Competencies: Knowledge and Science; Defining what is evidence-based practice

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome: 1. Describe the core competencies for healthcare professionals: patient-centered care, interprofessional teams, evidence-based practice, quality improvement, safety, and health information technology.

MNL Learning Outcome:

Page Number: 4

Question 4

Type: MCSA

The community health nurse is planning to meet with several community members during a health fair. Which nursing activity exemplifies the core competency *patient-centered care*?

1. Provide smoking cessation classes and literature.
2. Increase the hours for the physician to see patients.
3. Attend a continuing education program on clean water initiatives.
4. Evaluate the effectiveness of weight reduction strategies.

Correct Answer: 1

Rationale 1: Providing smoking cessation classes and literature is an example of an activity to provide *patient-centered care*.

Rationale 2: Increasing the hours for the physician to see patients is an activity to support the competency *teamwork and collaboration*.

Rationale 3: Attending a continuing education program on clean water initiatives is an activity to support the competency *evidence-based practice*.

Rationale 4: Evaluating the effectiveness of weight reduction strategies is an activity to support the competency *quality improvement*.

Global Rationale: Activities to exemplify the core competency *patient-centered care* should be focused on disease prevention, wellness, and promotion of healthy lifestyles. Providing smoking cessation classes and literature is an example of *patient-centered care*. Increasing the hours for the physician to see patients is an activity to support the competency *teamwork and collaboration*. Attending a continuing education program on clean water initiatives is an activity to support the competency *evidence-based practice*. Evaluating the effectiveness of weight reduction strategies is an activity to support the competency *quality improvement*.

Cognitive Level: Applying

Client Need: Safe and Effective Care Environment

Client Need Sub: Management of Care

QSEN Competencies: I.B.3. Provide patient-centered care with sensitivity and respect for the diversity of human experience

AACN Essentials Competencies: IX.3. Implement holistic, patient-centered care that reflects an understanding of human growth and development, pathophysiology, pharmacology, medical management and nursing management across the health-illness continuum, across lifespan, and in all healthcare settings

NLN Competencies: Context and Environment; Knowledge; health promotion/disease prevention

Nursing/Integrated Concepts: **Nursing Process:** Planning

Learning Outcome: 1. Describe the core competencies for healthcare professionals: patient-centered care, interprofessional teams, evidence-based practice, quality improvement, safety, and health information technology.

MNL Learning Outcome: 5.9.4. Utilize the nursing process in care of client.

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Question 5

Type: MCSA

The nurse is instructing a patient on weight reduction and smoking cessation. Which code of nursing practice is the nurse implementing?

1. International Council of Nurses Code of Ethics for Nurses
2. American Nurses Association Standards of Professional Practice
3. American Nurses Association Code of Ethics for Nurses
4. State Board of Nursing Code

Correct Answer: 1

Rationale 1: The International Council of Nurses (ICN) Code of Ethics for Nurses specifies what nurses are accountable for in terms of people, practice, society, coworkers, and the profession. The philosophical basis for this code is that nurses are responsible for promoting health, preventing illness, and alleviating suffering. Instructing a patient on weight reduction and smoking cessation exemplifies the ICN Code of Ethics for Nurses.

Rationale 2: The American Nurses Association Standards of Professional Practice are standards, not a code, and focus on specific behaviors to address quality practice, practice evaluation, education, collegiality, collaboration, ethics, research, resource utilization, and leadership.

Rationale 3: The American Nurses Association Code of Ethics for Nurses has nine statements that address the nurse's professional relationships, commitment to patients, patient rights, nursing practice, competency, conditions of employment, and contributions to the science of nursing, collaboration, and nursing values.

Rationale 4: The state boards of nursing do not publish codes for nursing.

Global Rationale: The International Council of Nurses (ICN) Code of Ethics for Nurses specifies what nurses are accountable for in terms of people, practice, society, coworkers, and the profession. The philosophical basis for this code is that nurses are responsible for promoting health, preventing illness, and alleviating suffering. Instructing a patient on weight reduction and smoking cessation exemplifies the ICN Code of Ethics for Nurses. The American Nurses Association Standards of Professional Practice are standards, not a code, and focus on specific behaviors to address quality practice, practice evaluation, education, collegiality, collaboration, ethics, research, resource utilization, and leadership. The American Nurses Association Code of Ethics for Nurses has nine statements that address the nurse's professional relationships, commitment to patients, patient rights, nursing practice, competency, conditions of employment, and contributions to the science of nursing, collaboration, and nursing values. The state boards of nursing do not publish codes for nursing.

Cognitive Level: Applying

Client Need: Safe and Effective Care Environment

Client Need Sub: Management of Care

QSEN Competencies: I.A.1. Integrate understanding of multiple dimensions of patient centered care

AACN Essentials Competencies: VII.4. Use behavioral change techniques to promote health and manage illness

NLN Competencies: Context and Environment; Knowledge; health promotion/disease prevention

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome: 4. Explain the importance of nursing and interprofessional codes of ethics and standards of practice as guidelines for clinical nursing practice.

MNL Learning Outcome: 5.9.4. Utilize the nursing process in care of client.

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Question 6

Type: MCSA

The nurse is providing patient care within the American Nurses Association Standards of Professional Performance. Which activity is the nurse implementing?

1. Integrating research findings into practice
2. Implementing a patient's plan of care
3. Evaluating patient progress toward identified outcomes
4. Analyzing assessment data to determine issues