TEST BANK:

FOUNDATIONS AND ADULT HEALTH NURSING

8th Edition

By Kim Cooper, Kelly Gosnell



Foundations and Adult Health Nursing 8th Edition Test Bank Kim Cooper Kelly Gosnell

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Unit I: Fundamentals of Nursing

Chapter 1: The Evolution of Nursing Foundations and Adult Health Nursing 8th Edition Kim Cooper Kelly Gosnell

MULTIPLE CHOICE

1. What is a nursing program considered when certified by a state agency?

a.	Accredited
b.	Approved
c.	Provisional
d.	Exemplified

ANS: B

Approved means certified by a state agency for having met minimum standards; *accredited* means certified by the NLN for having met morecomplex standards. Provisional and exemplified are not terms used in regard to nursing program certification.

DIF: Cognitive Level: Knowledge	REF: Page 13	OBJ: 5
TOP: Nursing programs	KEY	Nursing Process Step:
	:	

N/A

MSC: NCLEX: N/A

2. Which of the following must the nurse recognize regarding the healthcare delivery system?

a.	It includes all states.
b.	It affects the illness of patients.
С.	Insurance companies are not
	involved.
d.	The major goal is to achieve
	optimal levels of health care.

ANS: D

or RN.

The nurse must recognize that in the health care delivery system, the major goal is to achieve optimal levels of health care. The health caresystem consists of a network of agencies, facilities, and providers involved with health care in a specified geographic area. Insurance companies do have involvement in the health care system. The illnessof patients is not necessarily affected by the health care system.

DIF: Cognitive Level: Comprehension	REF:	Page 17	OBJ: 7
TOP: Health care systems	KEY:	Nursing Pr	ocess Step:
N/A		_	_
MSC: NCLEX: N/A			

3. What is required by the health care team to identify the needs of apatient and to design care to meet those needs?

a.	The Kardex
b.	The physician's order sheet
c.	An individualized care plan
d.	The nurse's notes

ANS: C

An individualized care plan involves all health care workers and outlines care to meet the needs of the individual patient. The Kardex, physician's order sheet, and nurse's notes do not identify the needs of the patient nor are they designed to assist all members of the health care team to meet those needs.

DIF:Cognitive Level: ComprehensionREF:Page 24OBJ:8|9TOP:Care planKEY:Nursing Process Step:PlanningMSC:NCLEX:N/A

4. Patient care emphasis on wellness, rather than illness, begins as aresult of:

1 /	
a.	increased education concerning
	causes of illness.
b.	improved insurance payments.
c.	decentralized care centers.
d.	increased number of health care
	givers.

ANS: A

The acute awareness of preventive medicine has resulted in today's emphasis on education about issues such as smoking, heart disease, drug and alcohol abuse, weight control, and mental health and wellness promotion activities. This preventive education has resulted inan emphasis on wellness, rather than illness. Improved insurance payments, decentralized care centers, and increased

or RN.

numbers of health care givers did not influence an emphasis on wellness.

DIF:	Cognitive	Level: Comprehension	REF:	Page 23	OBJ: 4 8
TOP:	Wellness	KEY: Nursing Process	s Step: N/A	MSC: NCL	EX: N/A

5. What is the most effective process to ensure that the care plan ismeeting the needs of the patient?

a.	Documentation
b.	Communication
c.	Evaluation
d.	Planning

ANS: B

Communication is the primary essential component among the healthcare team to evaluate and modify the care plan. Documentation, evaluation, and planning are not primary essential components to

DIF:Cognitive Level: Comprehension REF:Page 24OBJ:8TOP:CommunicationKEY:Nursing Process Step:N/AMSC:NCLEX:N/A

6. How does an interdisciplinary approach to patient treatment enhancecare?

a.	By improving efficiency of care
b.	By reducing the number of
	caregivers
с.	By preventing the fragmentation
	of patient care
d.	By shortening hospital stay

ANS: C

An interdisciplinary approach prevents fragmentation of care. An interdisciplinary approach does not improve the efficiency of care, reduce the number of caregivers, or shorten hospital stay.

DIF: Cognitive Level: Comprehension REF: Page 24 OBJ: 8| 9TOP: Interdisciplinary approach KEY: Nursing Process Step: N/A MSC: NCLEX: N/A

7. How may a newly licensed LPN/LVN practice?

a.	Independently in a hospital
	setting
b.	With an experienced LPN/LVN
с.	Under the supervision of a
	physician or RN
d.	As a sole practitioner in a clinic
	setting

ANS: C

An LPN/LVN practices under the supervision of a physician, dentist, OD,

DIF: Cognitive Level: Knowledge	REF: Page	OBJ: 11
TOP: Vocational nursing	KEY:	Nursing Process Step:
N/A		
MSC: NCLEX: N/A		

8. Whose influence on nursing practice in the 19th century was related to improvement of patient environment as a method of health promotion?

а.	Clara Barton
b.	Linda Richards
с.	Dorothea Dix