UNDERSTANDING PATHOPHYSIOLOGY 1ST CANADIAN EDITION EL-HUSSEIN



Pathophysiology

Mohamed Toufic El-Hussein Kelly Power-Kean Stephanie Zettel

Test Bank for Understanding Pathophysiology 1st Canadian Edition El-Hussein

Test Bank for Understanding Pathophysiology, 1st Canadian Edition, Mohamed El-Hussein, Kelly Power-Kean, Stephanie Zettel, Sue Huether, Kathryn McCance, ISBN: 9781771721189, ISBN: 9781771721172

Table of Contents

PART ONE: BASIC CONCEPTS OF PATHOPHYSIOLOGY

Unit 1: The Cell

- 1. Cellular Biology
- 2. Genes and Genetic Diseases
- 3. Epigenetics and Disease
- 4. Altered Cellular and Tissue Biology
- 5. Fluids and Electrolytes, Acids and Bases

Unit 2: Mechanisms of Self-Defense

- 6. Innate Immunity: Inflammation and Wound Healing
- 7. Adaptive Immunity
- 8. Infection and Defects in Mechanisms of Defense
- 9. Stress and Disease

Unit 3: Cellular Proliferation: Cancer

- 10. Biology of Cancer
- 11. Cancer Epidemiology
- 12. Cancer in Children and Adolescents

PART TWO: BODY SYSTEMS AND DISEASES

Unit 4: The Neurologic System

- 13. Structure and Function of the Neurologic System
- 14. Pain, Temperature, Sleep, and Sensory Function
- 15. Alterations in Cognitive Systems, Cerebral Hemodynamics and Motor Function
- 16. Disorders of the Central and Peripheral Nervous Systems and Neuromuscular Junction
- 17. Alterations of Neurologic Function in Children

Unit 5: The Endocrine System

- 18. Mechanisms of Hormonal Regulation
- 19. Alterations of Hormonal Regulation

Unit 6: The Hematologic System

- 20. Structure and Function of the Hematologic System
- 21. Alterations in Hematologic Function
- 22. Alterations of Hematologic Function in Children

Unit 7: The Cardiovascular and Lymphatic Systems

- 23. Structure and Function of the Cardiovascular and Lymphatic Systems
- 24. Alterations of Cardiovascular Function
- 25. Alterations of Cardiovascular Function in Children

Unit 8: The Pulmonary System

- 26. Structure and Function of the Pulmonary System
- 27. Alterations of Pulmonary Function
- 28. Alterations of Pulmonary Function in Children

Unit 9: The Renal and Urologic Systems

- 29. Structure and Function of the Renal and Urologic Systems
- 30. Alterations of Renal and Urinary Tract Function
- 31. Alterations of Renal and Urinary Tract Function in Children

Unit 10: The Reproductive Systems

- 32. Structure and Function of the Reproductive Systems
- 33. Alterations of the Female Reproductive System
- 34. Alterations of the Male Reproductive System

Unit 11: The Digestive System

- 35. Structure and Function of the Digestive System
- 36. Alterations of Digestive Function
- 37. Alterations in Digestive Function in Children

Unit 12: The Musculoskeletal and Integumentary Systems

- 38. Structure and Function of the Musculoskeletal System
- 39. Alterations of Musculoskeletal Function
- 40. Alterations of Musculoskeletal Function in Children
- 41. Structure, Function, and Disorders of the Integument
- 42. Alterations of the Integument in Children

MULTIPLE CHOICE

- 1. A student is observing a cell under the microscope. It is observed to have supercoiled DNA with histones. Which of the following would also be observed by the student?
 - a. A single circular chromosome
 - b. A nucleus
 - c. Free-floating nuclear material
 - d. No organelles

ANS: B

The cell described is a eukaryotic cell, so it has histones and a supercoiled DNA within its nucleus; thus, the nucleus should be observed. A single circular chromosome called a prokaryote contains free-floating nuclear material but has no organelles.

REF: p. 2

- 2. A nurse is instructing the staff about cellular functions. Which cellular function is the nurse describing when an isolated cell absorbs oxygen and uses it to transform nutrients to energy?
 - a. Metabolic absorption
 - b. Communication
 - c. Secretion
 - d. Respiration

ANS: D

N_{IJ}R_SI_NG_TB.C_OM

The cell's ability to absorb oxygen is referred to as respiration while its communication ability involves maintenance of a steady dynamic state, metabolic absorption provides nutrition, and secretion allows for the synthesizing of new substances.

REF: p. 2

- 3. A eukaryotic cell is undergoing DNA replication. In which region of the cell would most of the genetic information be contained?
 - a. Mitochondria
 - b. Ribosome
 - c. Nucleolus
 - d. Nucleus Cytoplasm

ANS: C

The region of the cell that contains genetic material, including a large amount of ribonucleic acid, most of the DNA, and DNA-binding proteins, is the nucleolus, which is located within the cell's nucleus. Mitochondria is associated with cellular respiration, while ribosomes are involved with protein manufacturing. Cytoplasm is a fluid filling that is a component of the cell.

REF: p. 2

- 4. Which of the following can remove proteins attached to the cell's bilayer by dissolving the layer itself?
 - a. Peripheral membrane proteins
 - b. Integral membrane proteins
 - c. Glycoproteins
 - d. Cell adhesion molecules

ANS: B

Proteins directly attached to the membrane bilayer can be removed by the action of integral membrane proteins that dissolve the bilayer. Peripheral membrane proteins reside at the surface while cell adhesion molecules are on the outside of the membrane. Glycoprotein marks cells and does not float.

REF: p. 7

- 5. Which of the following can bind to plasma membrane receptors?
 - a. Oxygen
 - b. Ribosomes
 - c. Amphipathic lipids
 - d. Ligands

ANS: D

Ligands are the only specific molecules that can bind with receptors on the cell membrane.

REF: p. 9

- 6. A nurse is reviewing a report from a patient with metastatic cancer. What alternation in the extracellular matrix would support the diagnosis of metastatic cancer?
 - a. Decreased fibronectin
 - b. Increased collagen
 - c. Decreased elastin
 - d. Increased glycoproteins

ANS: A

Only a reduced amount of fibronectin is found in some types of cancerous cells, allowing them to travel or metastasize.

REF: p. 10

- 7. Which form of cell communication is used to relate to other cells in direct physical contact?
 - a. Cell junction
 - b. Gap junction
 - c. Desmosome
 - d. Tight junction

ANS: A

Cell junctions hold cells together and permit molecules to pass from cell to cell.

Gap junctions allow for cellular communication between cells. Neither desmosomes nor tight junctions are associated with cellular communication.

REF: p. 11

- 8. Pancreatic beta cells secrete insulin, which inhibits secretion of glucagon from neighboring alpha cells. This action is an example of which of the following signaling types?
 - a. Paracrine
 - b. Autocrine
 - c. Neurohormonal
 - d. Hormonal

ANS: A

Paracrine signaling involves the release of local chemical mediators that are quickly taken up, destroyed, or immobilized, as in the case of insulin and the inhibition of the secretion of glucagon. None of the other options involve signaling that is associated with a local chemical mediator like insulin.

REF: p. 12

- 9. In cellular metabolism, each enzyme has a high affinity for a:
 - a. solute.
 - b. substrate.
 - c. receptor.
 - d. ribosome.

ANS: B

Each enzyme has a high affinity for a substrate, a specific substance converted to a product of the reaction. Cellular metabolism is not dependent on an attraction between an enzyme and any of the remaining options.

REF: p. 16

N_UR_SI_NG_TB.C_OM

- 10. An athlete runs a marathon, after which his muscles feel fatigued and unable to contract. The athlete asks the nurse why this happened. The nurse's response is based on the knowledge that the problem is result of a deficiency of:
 - a. GTP
 - b. AMP
 - c. ATP
 - d. GMP

ANS: C

When ATP is deficient, impaired muscle contraction results. None of the other options are involved in muscle contraction.

REF: p. 16

- 11. Which phase of catabolism produces the most ATP?
 - a. Digestion
 - b. Glycolysis
 - c. Oxidation
 - d. Citric acid cycle

ANS: D

While some ATP is produced during the oxidation and glycolysis phases, most of the ATP is generated during the citric acid cycle. Digestion does not produce any ATP.