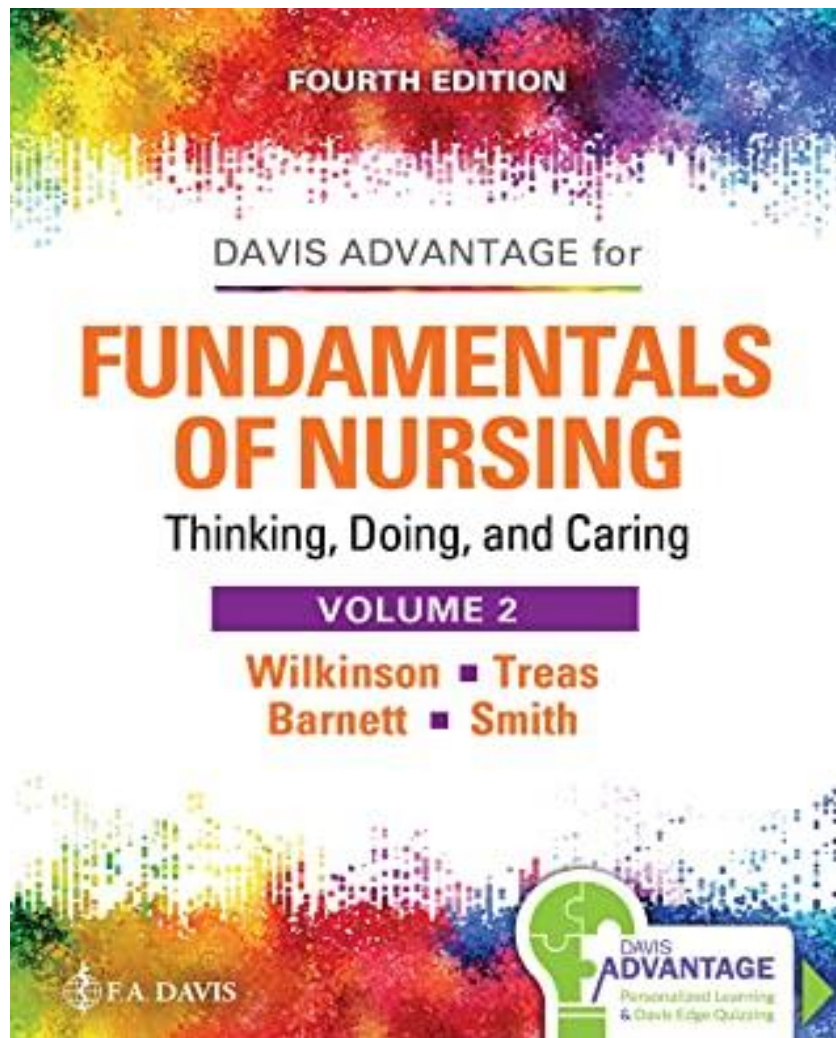


TEST BANK

Fundamentals of Nursing Thinking Doing and
Caring 4th Edition Volume 2 Wilkinson Treas



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Table of Content

Chapter 1 Evolution of Nursing Thought & Action
Chapter 2 Critical Thinking & Nursing Process
Chapter 3 Assessment
Chapter 4 Analysis/Diagnosis
Chapter 5 Planning Outcomes
Chapter 6 Planning Interventions
Chapter 7 Implementation & Evaluation
Chapter 8 Theory, Research, & Evidence-Based Practice
Chapter 9 Life Span: Infancy Through Middle Adulthood
Chapter 10 Life Span: Older Adults
Chapter 11 Experiencing Health & Illness
Chapter 12 Stress & Adaptation
Chapter 13 Psychosocial Health & Illness
Chapter 14 The Family
Chapter 15 Culture & Ethnicity
Chapter 16 Spirituality
Chapter 17 Loss, Grief, & Dying
Chapter 18 Documenting & Reporting
Chapter 19 Teaching & Learning
Chapter 20 Measuring Vital Signs
Chapter 21 Communication & Therapeutic Relationships
Chapter 22 Health Assessment
Chapter 23 Promoting Asepsis & Preventing Infection
Chapter 24 Promoting Safety
Chapter 25 Facilitating Hygiene
Chapter 26 Administering Medications
Chapter 27 Nutrition
Chapter 28 Urinary Elimination
Chapter 29 Bowel Elimination
Chapter 30 Sensation, Perception, & Response
Chapter 31 Pain
Chapter 32 Physical Activity & Immobility
Chapter 33 Sexual Health
Chapter 34 Sleep & Rest
Chapter 35 Skin Integrity & Wound Healing
Chapter 36 Oxygenation
Chapter 37 Circulation & Perfusion
Chapter 38 Fluids, Electrolytes, & Acid-Base Balance
Chapter 39 Perioperative Care
Chapter 40 Leading & Managing
Chapter 41 Nursing Informatics
Chapter 42 Promoting Health
Chapter 43 Community & Home Health Nursing
Chapter 44 Ethics & Values
Chapter 45 Legal Accountability
Chapter 46 Holistic Healing

Chapter 1. Evolution of Nursing Thought & Action

MULTIPLE CHOICE

1. Which of the following is an example of an illness prevention activity?
 - a) Encouraging the use of a food diary
 - b) Joining a cancer support group
 - c) Administering immunization for HPV
 - d) Teaching a diabetic patient about his diet

ANS: C

Administering immunization for HPV is an example of illness prevention. Although cancer is a disease, it is assumed that a person joining a support group would already have the disease; therefore, it would be treatment and not disease prevention. Illness prevention activities focus on avoiding a specific disease. A food diary is a health promotion activity. Teaching a diabetic patient about diet is a treatment for diabetes; the patient already has diabetes, so the teaching cannot prevent diabetes.

Difficulty: Moderate

Client Need: Health Promotion and Maintenance

Cognitive Level: Application

PTS: 1

2. Which organization can require nurses to take continuing education courses as a condition of licensure renewal?
 - a) American Nurses Association
 - b) National League for Nursing
 - c) Sigma Theta Tau
 - d) State Board of Nursing

ANS: D

Continuing education is a professional strategy designed to ensure that nurses remain current in their clinical knowledge. Many states require nurses to engage in a certain number of continuing-education requirements to renew their license. The knowledge gained in the nursing curriculum is sufficient for nursing school graduates to obtain their initial license. Requirements for renewal of a nurse's license can be found in the state's nurse practice act (state board of nursing).

Difficulty: Difficult

Cognitive Level: Analysis

Client Need: Health Promotion and Maintenance

Cognitive Level: Application

PTS: 1

3. An experienced seasoned nurse uses her knowledge of patient medical conditions and intuition to identify patient problems. She is often the resource for other nurses on the unit. What stage of proficiency has this nurse achieved?
 - a) Novice

- b) Advanced beginner
- c) Competent
- d) Expert

ANS: D

The nurse who has reached the expert stage of proficiency has a deep understanding of the clinical situation based on knowledge and experience. The nurse often senses a potential problem in the absence of classic signs and symptoms. The novice nurse is inexperienced and relies on rules and processes. The advanced beginner focuses on aspects of a situation and is unable to see the comprehensive perspective. A nurse functioning at the competent level is able to prioritize to meet the patient needs but does not fully grasp the total situation.

Difficulty: Moderate

Cognitive Level: Comprehension

PTS: 1

4. Which of the following best explains the importance of standards of practice?
- a) Nurses and other healthcare providers have the same standards of practice.
 - b) Standard of practice only apply to nurses who work in hospital settings.
 - c) Standards of practice identify the knowledge, skills, and attitudes nurses need to provide safe care.
 - d) Standards of practice differ among registered nurses because the roles are different based on the population they serve.

ANS: C

Standards of practice are authoritative statements of the duties that all registered nurses, regardless of role, population, or specialty, are expected to perform competently. Standards are derived from several sources, including professional organizations and healthcare facilities' policies and procedures.

Difficulty: Moderate

Cognitive Level: Application

PTS: 1

5. What is the primary goal of the National League for Nursing?
- a) Advocate for the needs of registered nurses to promote patient safety
 - b) Establish and maintain standards for nursing education
 - c) Support global health policies and improve health worldwide
 - d) Foster nursing scholarship, leadership, and service to improve health worldwide

ANS: B

The National League for Nursing (NLN) was founded to establish and maintain a universal standard of nursing education. The NLN focuses on faculty development in nursing education programs and is the voice for nursing education.

Difficulty: Moderate

Cognitive Level: Application

PTS: 1

6. A patient who requires long-term rehabilitation needs which type of care?
- a) Primary care
 - b) Secondary care
 - c) Tertiary care
 - d) Preventive care

ANS: C

Tertiary care is required for individuals who need long-term care or for those who are dying.

Difficulty: Easy

Cognitive Level: Knowledge

PTS: 1

7. An elderly patient is covered under Medicare. She is scheduled for discharge and tells the nursing student that several therapists will come to her home to help her regain functional abilities. The patient then asks, "Why can't I just stay in the hospital and receive this type of care?" What is the nursing student's best response?
- a) "You should be able to stay in the hospital. I will ask the nurse to call your doctor."
 - b) "Once you have reached your reimbursable length of stay and your condition is stable, it is more cost effective to provide you with home healthcare."
 - c) "Medicare is a type of managed care, which mean that you are only allowed to stay in the hospital for a certain number of days before being discharged, regardless of your condition."
 - d) "You should be glad to be in your own home. You will recover in no time."

ANS: B

Home healthcare services are provided to patients who still require skilled care but are discharged from the hospital because the reimbursable length-of-stay has expired. The patient is stable and can receive provider services at home. It would be incorrect and misleading to tell the patient she "should be able to stay in the hospital." It would be incorrect to tell the patient she is allowed only "a certain number of days before being discharged," because the patient's condition is a factor in determining whether the patient can be discharged from the hospital. Telling the patient that she should be glad to be going home is a form of closed communication and does not address her question.

Difficulty: Moderate

Cognitive Level: Application

PTS: 1

8. Which of the following is the most important reason to develop a definition of nursing?
- a) Recruit more informed people into the nursing profession
 - b) Evaluate the degree of role satisfaction
 - c) Dispel the stereotypical images of nurses and nursing
 - d) Differentiate nursing activities from those of other health professionals

ANS: D

Nursing organization leaders think it is important to develop a definition of nursing to bring value and understanding to the profession, differentiate nursing activities from those of other health professionals, and help student nurses understand what is expected of them. A definition of nursing likely would not increase the number of informed people recruited into nursing. A definition of nursing would do little to improve the nurse's role satisfaction. Although a definition of nursing might contribute to fighting stereotypes of nursing, other, more powerful influences (e.g., media portrayals), exist to counteract it.

Difficulty: Easy

Cognitive Level: Knowledge

PTS: 1

9. Which of the following provides evidence-based support for the contribution that advanced practice nurses (APNs) make within healthcare?
- Reduced usage of diagnostics using advanced technology
 - Decreased number of unnecessary visits to the emergency department
 - Improved patient compliance with prescribed treatments
 - Increased usage of complementary and alternative therapies

ANS: C

Studies demonstrate that APNs have improved patient outcomes over those of physicians, including increased patient understanding and cooperation with treatments and decreased need for hospitalizations. No well-known, scientific studies support APNs' effect on the use of advanced technology. No well-known, scientific studies support APNs' effect on the frequency of emergency department visits. No well-known, scientific studies support APNs' effect on the use of alternative therapies.

Difficulty: Moderate

Cognitive Level: Knowledge

PTS: 1

10. Which of the following is an example of a complementary and alternative form of treatment or medicine?
- Herbal medicines
 - Sterile dressing changes
 - Pain medications
 - Influenza (flu) vaccine

ANS: A

Complementary and alternative medicine (CAM) includes those treatments outside of traditional medicine. Sterile dressings, pain medications, and influenza vaccines are traditional treatments. The use of herbs and spices are common CAM treatments.

Difficulty: Moderate

Cognitive Level: Comprehension

PTS: 1

11. A nurse working in a rehabilitation facility has a physician's prescription to contact other therapists as required by patient need. A patient has started to have difficulty with bathing and grooming. Which therapist should the nurse contact to assist the patient to regain these skills?
- a) Physical therapist
 - b) Occupational therapist
 - c) Speech-language pathologist
 - d) Respiratory therapist

ANS: B

Occupational therapists help patients to regain and maintain function and independence with activities of daily living, such as dressing, bathing, and grooming.

Difficulty: Moderate

Cognitive Level: Application

PTS: 1

12. An older adult has type 1 diabetes. He can perform self-care activities but needs help with shopping and meal preparation as well as with blood glucose monitoring and insulin administration. Which type of healthcare facility would be most appropriate for him?
- a) Acute care facility
 - b) Ambulatory care facility
 - c) Extended care facility
 - d) Assisted living facility

ANS: D

Assisted living facilities are intended for those who are able to perform self-care activities but who require assistance with meals, housekeeping, or medications. Acute care facilities focus on preventing illnesses and treating acute problems. These facilities include physicians' offices, clinics, and diagnostic centers. Ambulatory care facilities provide outpatient care. Clients live at home or in nonhospital settings and come to the site for care. Ambulatory care facilities include private health and medical offices, clinics, surgery centers, and outpatient therapy centers. Extended care facilities typically provide long-term care, rehabilitation, wound care, and ongoing monitoring of patient conditions.

Difficulty: Easy

Client Need: Safe and Effective Nursing Care

Cognitive Level: Application

PTS: 1

13. The nurse in the intensive care unit is providing care for only one patient, who was admitted in septic shock. Based on this information, which care delivery model can you infer that this nurse is following?
- a) Functional
 - b) Primary
 - c) Case method
 - d) Team

ANS: C

The nurse is following the case method model of nursing care. In this model, one nurse cares for one patient during a single shift. When the functional nursing model is employed, care is compartmentalized, and each task is assigned to a staff member with the appropriate knowledge and skills. In primary nursing, one nurse plans the care for a group of patients around the clock. The primary nurse assesses the patient and develops the plan of care. When he or she is working, he or she provides care for those patients for whom he or she is responsible. In his or her absence, the associate nurses deliver care. Although the nurse in this case could possibly be a primary nurse, there are not enough data to confidently infer that. If the team nursing approach is employed, a licensed nurse (RN or LVN) is paired with a nursing assistant. The pair is then assigned to a group of patients.

Difficulty: Moderate

Nursing Process: Implementation

Client Need: Safe and Effective Nursing Care

Cognitive Level: Analysis

PTS: 1

14. Which healthcare worker should the nurse consult to counsel a patient about financial and family stressors impacting healthcare?
- a) Social worker
 - b) Occupational therapist
 - c) Physician's assistant
 - d) Technologist

ANS: A

The social worker coordinates services and counsels patients about financial, housing, marital, and family issues impacting healthcare. The occupational therapist helps patients regain function and independence for activities of daily living. Physician's assistants work under the physician's direction to diagnose certain diseases and injuries. Technologists provide a variety of specific functions in hospitals, diagnostic centers, and emergency care. For example, laboratory technologists aid in the diagnosis and treatment of patients by examining blood, urine, tissue, and body fluids. Radiology technologists perform x-rays and other diagnostic testing.

Difficulty: Moderate

Nursing Process: Planning

Client Need: Safe and Effective Nursing Care

Cognitive Level: Comprehension

PTS: 1

15. Which type of managed care allows patients the greatest choice of providers, medications, and medical devices?
- a) Health maintenance organization
 - b) Integrated delivery network
 - c) Preferred provider organization
 - d) Employment-based private insurance

ANS: C